Transgender Clients: HRSA’s Ryan White HIV/AIDS Program, 2019

Population Fact Sheet | June 2021

Of the more than half a million clients served by RWHAP, 2.3 percent are transgender, representing approximately 12,800 clients. Below are more details about this RWHAP client population:

- The majority of transgender clients served by RWHAP are a diverse population. Among transgender clients served, 87.0 percent are from racial/ethnic minority populations; 55.1 percent of transgender clients identify as Black/African American and 27.4 percent identify as Hispanic/Latino, both of which are higher than the national RWHAP averages (46.6 percent and 23.3 percent, respectively).

- The majority of transgender clients served by RWHAP are low income. Among transgender RWHAP clients served, 74.1 percent live at or below 100 percent of the federal poverty level, which is substantially higher than the national RWHAP average (60.7 percent).

- Data show that 10.9 percent of transgender RWHAP clients have unstable housing. This percentage is substantially higher than the national RWHAP average (5.5 percent).

- The transgender client population is younger than the average for RWHAP clients. Approximately 27.4 percent of RWHAP transgender clients are aged 50 years and older, which is substantially lower than the national RWHAP average (46.8 percent).

Medical care and treatment improve health outcomes and decrease the risk of HIV transmission. People with HIV who take HIV medication daily as prescribed and reach and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV-negative partner. Among the transgender clients receiving RWHAP HIV medical care in 2019, 83.2 percent are virally suppressed,* which is lower than the national RWHAP average (88.1 percent).

* Viral suppression is defined as a viral load result of less than 200 copies/mL at most recent test, among people with HIV who had at least one outpatient ambulatory health services visit and one viral load test during the measurement year.

For more information on HRSA’s Ryan White HIV/AIDS Program, visit: hab.hrsa.gov.